

A quick guide on how to subscribe, rate and review a podcast on iTunes

From your mobile device:

1. Click on [THIS LINK](#) to open iTunes to the Launching Your Daughter podcast page.
2. Make sure to Subscribe!
3. Select the Reviews tab (you may be asked to sign in with your iTunes ID)
4. Rate the podcast by selecting 1 to 5 stars (if you enjoy the podcast, please consider a 5-star rating)
5. Write a brief, but honest review. (1 to 3 sentences)
6. Hit Send! Don't worry if your review doesn't show up right away, it often takes up to 24 hours or so for iTunes to approve and publish ratings and reviews.

From your computer/laptop

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3. Click the "Ratings and Reviews" tab
How to subscribe to a podcast on iTunes Launching Your Daughter Nicole Burgess LMFT
4. Under 'Customer Reviews' select the 'Write a Review' button...this will open a rating/review pop up window.
5. In the 'Write a Review' window, rate the podcast by selecting 1 to 5 stars (if you enjoy the podcast, please consider a 5-star rating)
6. Write a brief, but honest review. (1 to 3 sentences)
7. Click Submit! The box will disappear without any confirmation, but don't worry that your review doesn't show up right away, it often takes up to 24 hours or so for iTunes to approve and publish ratings and reviews.

Thank you!

Thank you so much for taking your time to listen to and review the podcast. It means a lot to me, and to the show. Subscriptions, ratings, and reviews not only help us reach more listeners with great content about psychology but also help us continue to attract awesome guests for great future episodes.